

SUMAA NEWSLETTER

THAI FRUITS THAT YOU MUST TRY!

Thailand is known around the world for its varied and delicious fruits. You can get most of these year-round but some are only available at certain times of the year. Many Thais love these seasonal fruits, which have the benefit of being inexpensive and very easy to find, plus these are less likely to have been exposed to too many chemicals.



HERE ARE SOME TROPICAL SUMMER FRUITS THAT YOU CAN FIND IN THAILAND DON'T MISS OUT!

MA·MŪAN (SŪK)

YELLOW MANGO: SWEET, AND EATEN WITH STICKY RICE AND COCONUT MILK



MA·MŪAN

GREEN MANGO: TANGY AND SOUR, AND EATEN WITH SWEET FISH SAUCE



TÆÆŃ·MOO

WATERMELON



MA·YON·CHÍT

SWEET YELLOW MARIAN PLUM

'GREEN THUMB' / 'BLACK THUMB'

What does it mean in Thai?
Let's find out in our video!

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=7DC1A9SLQYO](https://www.youtube.com/watch?v=7DC1A9SLQYO)



SÀP·SÉT (ศัพท์SET)

'VOCAB SET JUST LET'S LEARN'

If you like gardening, but don't know the words or don't know how to describe the activities in the garden in Thai. We are going to learn 20 words and phrases about gardening in Thai. Let's do it!

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=BPEKFZQLFG8](https://www.youtube.com/watch?v=BPEKFZQLFG8)